



WCIF Employee Assistance Program

EAP Plus

Everyone needs a little help now and then. With over 30 years of experience, Magellan is the industry leader in providing Employee Assistance Programs. Our EAP Plus program includes the following comprehensive array of features:

- Access to services 24/7
- Clinical first answer
- Dedicated toll-free telephone number
- Crisis intervention/stabilization
- Referrals to EAP counselors as needed for in-person counseling
- Referrals to community resources
- Expanded EAP services include dependent care issues
- Telephonic coaching as appropriate
- Specialized Magellan EAP network
- Regional affiliate management
- Dedicated Workplace Support unit
- Management/Supervisor training
- Online employee orientations

1-6 EAP Plus Session Model

The WCIF has a 1-6 session model, which means that members can seek up to six counseling sessions per problem per year. EAP sessions last one hour. The 1-6 model is highly effective in resolving problems without having to go into more expensive benefits.

Workplace Support Services Offers Managers 24/7 Support

Today's workplace is extremely demanding. That's why Magellan offers a dedicated Workplace Support Services unit that can help supervisors deal with day-to-day issues, employee performance problems, workplace violence concerns and almost everything in between.

Consultants are licensed, master's-level clinicians with an average of 15 years of clinical experience, all of whom meet Magellan's rigorous credentialing standards. All have specialized training and skills to effectively deal with management issues, including those related to chemical dependency (which accounts for nearly 60 percent of management referrals).

MagellanHealth.com/member

Our award-winning Web site is a single portal to a wealth of EAP, behavioral health and work/life information. Confidential and secure, MagellanHealth.com/member

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offers barrier-free access to the information and resources you're looking for any time of the day or night. Web content includes:

- Library of Resources and Articles
- EAP Provider Self Referral
- Child and Elder Care Databases for Self Search
- Fitness Tools and Calculators
- Legal and Financial Tools and Calculators
- Self-Assessments and Personal Development Plans
- Online Trainings and more

Trainings—Living healthy, working well at work and at home

Magellan understands the many challenges that your workers face—relationship issues, change, stress management, substance abuse, depression, parenting concerns, or simply finding a balance between work and home. Supervisors face the additional challenge of promoting a positive, productive team environment in the face of changing times. Our training seminars, relevant and applicable to today's working environment, can help your workforce "live healthy and work well" as they cope with life's daily challenges.

Fees: \$125 per presentation hour plus travel

Critical Incident Stress Management

A critical incident is a sudden, unanticipated incident or circumstance that produces a high degree of distress causing an immediate or delayed emotional reaction that surpasses the normal coping mechanism(s) in the individual(s). For example, suicide, homicide, robbery, accidental death, rape, assault, fire, major worksite accidents resulting in injury, etc.

Magellan provides a broad array of structured, systemic responses to traumatic incidents affecting the workplace through its centralized Critical Incident Stress Management (CISM) Unit in St. Louis, Account Executives and contracted provider network. CISM services include Critical Incident Stress Debriefing (CISD), Defusing, and Grief or Bereavement Services (or Transition Services).

Fees: \$190 per hour plus travel

For more information contact the Washington Counties Insurance Fund at 800.344.8570 or 360.586.0466

www.MagellanHealth.com/member