

HEALTHY PALOUSE

SPREADING THE WORD ABOUT STAYING HEALTHY ON THE PALOUSE

Pullmans "Fresh Farm Market"

May 11, 2009

www.whitmancounty.org

Pullman Chamber of Commerce along with WSU Organic Farm, and the Whitman County Health Department will be sponsoring the "Fresh Farm Market" this summer providing easy access to fresh produce all summer long! The items offered at the "Fresh Farm Market" will be grown and/or produced locally, giving local growers a mid-week sales location. There will be a variety of different vendors offering an array of goods from plants, to artisan breads, cut flowers, fresh herbs, grass fed beef, and seasonal produce.



The "Farm Fresh Market" will operate on Wednesdays from 4:30-6:30pm starting May 20th and running until October 28th. The Market will be located in the parking lot of the Old Post Office Wine Bar at 245 SE Paradise, so stop on in and check it out!

Other area Farmers Markets and Local Growers:

Moscow Farmers Market	Friendship Square	Saturdays 8-12	May-Oct
Clarkston Farmers Market	5th & Sycamore	Saturdays 8-12	June-Sept
Lewiston Farmers Market	D Street Parking Lot	Wed 3-7	June-Sept
Growers Market	Moscow Food Co-op	Tues 4:30-6:30pm	June-Sept

Farms Orchards and Produce Stands:

Bishops Orchard	Garfield, WA	www.bishop-orchard.com
The Fresh Idea Farm	St. John, WA	www.thefreshideafarm.com
Living Soils Microfarm	Moscow, ID	http://livingsoilmicrofarms.com
Mary Jane's Farm	Moscow, ID	www.maryjanesfarm.org
WSU Organic Farm	Pullman, WA	http://css.wsu.edu/organicfarm
Wilson Banner Ranch	Clarkston, WA	www.wilsonbannerranch.org

Related Links:

- [CDC Healthy Communities Program](#)
- [WE CAN!](#)
- [Washington State Nutrition & Physical Activity Program](#)

Upcoming Topics:

- What is *CATCH*?
- What is *WE CAN*?
- Google Groups

Upcoming Events:

- Farmers Market: May 20th-October 28th, Wednesdays 4:30-6:30pm @ Old Post Office Wine Bar Parking Lot
- Pullman Science Center: Everybody Eats Exhibit Now Through June 14th



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